

ATTENTION ALL RUNNERS AND WALKERS !!

SAVE THE DATE...

The Flapjack 5K and One Mile Fun Run benefitting TEAM (Trussville Ecumenical Assistive Ministry) will be held on April 14, 2012. The event features a 5K run on a flat and fast course in downtown Trussville, a one-mile fun run, and a free pancake breakfast for all participants. 100% of proceeds go to benefit TEAM. This year's event will be hosted by First United Methodist Church, Trussville. This is a community-wide event and we encourage everyone to come out and support this great local charity. All registered participants receive a T-shirt and complimentary pancake breakfast!

The organizers of this event and the board members of TEAM want to emphasize that this event is not about one particular church; it's about our community, working together to benefit TEAM.

Event

Flapjack 5K and One Mile Fun Run benefitting TEAM

Date: April 14, 2012

Location: First United Methodist Church, Trussville

Times:

8 AM: 5K

8:30 AM: breakfast starts

10 AM: 1 mile fun run

Cost

Pre-registration (due by March 18, 2012):

5K: \$20

1 mile: \$10

Registration after March 18, 2012, including Race Day Registration:

5K: \$25

1 mile: \$15

Additional T-shirts can be purchased at \$10; additional pancake breakfast tickets can be purchased at \$3

Registration will be available online (coming soon!) or via registration form (coming soon!)

Awards (presented after the race at the breakfast)

Overall Male and Female: \$100 gift card, medal

Age Group awards, 3 deep, 5-year age increments: medal

Fun Run: all children will receive a ribbon

Questions

Kristie Northern, Race Director - 661-3611

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